



Welcome to Courage Café!

Where each cup of coffee, each meal has a purpose.

Courage Worldwide is an international anti-trafficking NGO based in California, USA and Moshi, Tanzania. Here in the Kilimanjaro region, we have two **Courage Houses**: one for minor female victims of human trafficking and one transitional program for graduates over 18-years-old. Currently, there are more than 50 girls and their children at Courage House Tanzania.

From the inception of the organization in 2011, it was our founder's vision to have a Courage Café in the same city as Courage House. We are finally making that dream a reality!

The café serves multiple purposes:

- **Courage Café** - As part of our vocational training program, we welcome Moshi residents and tourists alike to enjoy delicious food, coffee and the beautiful view of Mt. Kilimanjaro!
- **Funding diversification** - All profits from Courage Café directly support Courage House.
- **Community education** - It is our mission to educate the community on trafficking and exploitation, its nature and how we can work together to support victims and end this crime against the most vulnerable.

If you want to learn more about our work, visit our website at courageworldwide.org.

Karibuni sana!

@courageworld + @couragecafetz
+255 757 758 018 for Take Away Orders



Drinks

AMERICANO	3,000	4,000
CAPPUCCINO	4,000	5,000
LATTE		5,000
MOCHA		6,000
HOT CHOCOLATE		5,000
FRENCH PRESS	3,000	5,000 7,500
CHAI MASALA		3,000
SODA		1,500
BOTTLED WATER	1,500	3,000
SMOOTHIE ^{NEW}	3,500	6,500
Tropical, Green, Pineapple Coconut, Mango* Passionfruit, Chocolate Banana		
*When in season		
Add 1,000 for Baobab or Moringa Powder Boost		
JUICE ^{NEW}		3,500
Watermelon Mint, Passion Orange, or Juice of the Day		
HOT LEMON GINGER TEA		5,000
BLACK TEA		2,500
SIDE OF MILK		1,000

Bites

3 SAMOSAS ^v		6,000
3 Vegetable or Meat Samosas		
CHIPS ^v		4,000
BAJIA & SALSA ^{NEW}		6,000
Lentil Fritters with a Flavorful Salsa		
TORTILLA CHIPS, GUACAMOLE & SALSA ^{NEW}		7,500

Desserts

CINNAMON ROLL		5,000
Goey cinnamon roll with icing		
COCONUT CHOCOLATE CAKE ^v		5,000
Moist chocolate cake with powdered sugar and chocolate drizzle		
CARROT CAKE		5,000
A classic dessert with cream cheese frosting		
SWISS ROLL ^{NEW}		5,000
Rolled sponge cake filled with whipped cream		
GELATO ICE CREAM ^{NEW}	5,000	6,000
Served in a cup or cone		
Chocolate, Coconut, Coffee, Nutella, Passionfruit (Non-Dairy), Strawberry (Non-Dairy), Coconut (Sugar-Free)		


Breakfast Menu

Breakfast Served until 12pm

Sweet Breakfast

FRENCH TOAST 15,000

Cinnamon French Toast served with Crispy Bacon, Caramelized Banana, Seasonal Berries, Honey & Chocolate Drizzle


PANCAKE STACK  13,000

Pancakes stacked with Vanilla Ice Cream, Biscuit Crumb, Fresh Fruit & Caramel Drizzle

Savory Breakfast


CHICKEN BENEDICT 20,000

Crispy Fried Chicken loaded on top of 2 Hash Browns with 2 Poached Eggs and Hollandaise Sauce

AVOCADO ON TOAST  10,000


Avocado on Toast with Beetroot Hummus, 1 Poached Egg & Feta

Simple

OMELETTE WITH TOAST  NEW 12,000


Cheese or Spanish


Add Bacon for 3,000

TOAST & JAM  5,000


Butter and Jam on Homemade Bread

GRANOLA, YOGURT, AND FRESH FRUIT  7,500

FRUIT SALAD  5,000

2 EGGS & TOAST  8,000

Eggs to your liking on Homemade Bread

BANANA BREAD  2,500

A slice of Homemade Banana Bread with Chocolate Chips



Lunch & Dinner Menu

Salads

GRILLED CHICKEN AND HALLOUMI (OR TOFU) 🌱 15,000

Grilled Chicken, Halloumi, House Dressing & Garden Greens

** Tofu can substitute for Chicken & Halloumi*

** Feta Cheese will substitute if there is no Halloumi*

BEETROOT CARPACCIO 🌱 12,000

Thinly Sliced Beetroot served with Sun-Dried Tomatoes, Parmesan & Almond Flakes

AVOCADO AND RED PEPPER 🌱 12,000

Avocado, Grilled Red Pepper, Fresh Basil, Feta & Salad Greens

MEXICAN SALAD 🌱 12,000

A Refreshing Salad with Beans, Corn, Tomato & Bell Pepper

Tossed in a Light Cilantro Lime Dressing

Add Steak or Chicken for 3,000



Sandwiches & Tacos

TOASTED BACON, CHEESE AND TOMATO 16,000

Melted Cheese with Crispy Bacon & Tomato

BASIL PESTO CHICKEN (OR TOFU) 🌱 15,000

Chicken, Pesto, Grilled Red Peppers, Rocket & Feta

** Tofu can substitute for Chicken*

MARINATED VEGGIE, CHEESE, SUN-DRIED TOMATO AND PESTO 🌱 14,000

Marinated Veggies with Sun-Dried Tomatoes & Pesto

BURGER WITH FRENCH FRIES 🌱 NEW 16,000

Beef, Fried Chicken or Veggie Burger Patty Served with Caramelized Onion, Tomato Jam and Melted Cheddar

**Fried Chicken option comes with Hollandaise Sauce*

TACOS 🌱 15,000

Classic Mexican Steak, Chicken or Vegetarian Tacos Topped with Lettuce & Cheese with a Side of Chips, Salsa and Guacamole



Soups

BUTTERNUT SQUASH SOUP 🌱 NEW 6,500

ZUCCHINI SOUP 🌱 NEW 6,500

SOUP + SALAD 🌱 NEW 10,000

Soup of Your Choice and Green Salad



Wood-Fired Pizzas

THE ORANGE MKUBWA 🌿 15,000

Roasted Butternut, Avocado, Red Onion & Feta

BUFFALO CHICKEN 18,000

Buffalo Chicken with Red Peppers, Ranch, Cheese & Caramelized Onion

BACON & CAMELIZED ONION 18,000

Bacon, Caramelized Onion, Spinach & Mozzarella

MARGHERITA 🌿 12,000

Tomato, Basil & Mozzarella

CHEESE PIZZA 🌿 12,000

A classic cheese pizza, perfect for kids too.



Swahili Food

MEAT SWAHILI PLATTER 18,000

A 6-item Platter with Stir-Fried Beef, Njegere, Coconut Rice, Seasonal Vegetables, Cabbage and Seasonal Fruit Served in Coconut Bowls

*Extra serving of rice (1,000)

VEGETARIAN SWAHILI PLATTER 🌿 14,000

A 5-item Platter with Njegere (Pea Curry), Coconut Rice, Seasonal Vegetables, Cabbage and Seasonal Fruit Served in Coconut Bowls

*Extra serving of rice (1,000)

COCONUT CRUSTED FISH FINGERS 16,000

Coconut Crusted Fish Fingers and Sauce with Coconut Rice and Seasonal Vegetables

CHIPS KUKU 10,000

Chicken and French Fries

NJEGERE AND COCONUT RICE 🌿 7,000

Pea Curry Served with Coconut Rice

CHIPS MAYAI 🌿 6,000

A traditional Tanzanian favorite made of eggs and French fries



From the bakery...

COURAGE COFFEE

Delicious whole bean medium roast coffee for you to enjoy at home!

10,000 (1/4kg) 18,000 (1/2kg) 30,000 (1kg)

Peaberry or AA; Ground coffee available upon request

CINNAMON ROLLS (6)

Take half a dozen gooey cinnamon rolls home with you!

25,000

CHOCOLATE CAKE v

Moist chocolate cake with powdered sugar and chocolate drizzle

25,000

CARROT CAKE

A classic dessert with cream cheese frosting

25,000

BANANA BREAD

A loaf of homemade banana bread

20,000

HOMEMADE VANILLA HONEY GREEK YOGURT

2 cups of our homemade yogurt

10,000



Looking for an event space? Karibu Courage Event Center!

Rent the entire beautiful garden for a wedding, send off or special event! Our outdoor kitchen and bathrooms are perfect for large events. Catering services are available.

Contact couragecafe@courageworldwide.org or call +255 757 758 018 for booking or further questions.