



# Welcome to Courage Café!

*Where each cup of coffee, each meal has a purpose.*

*Courage Worldwide* is an international anti-trafficking NGO based in California, USA and Moshi, Tanzania. Here in the Kilimanjaro region, we have two **Courage Houses**: one for minor female victims of human trafficking and one transitional program for graduates over 18-years-old. Currently, there are more than 40 girls and their children at Courage House Tanzania.

From the inception of the organization in 2011, it was our founder's vision to have a Courage Café in the same city as Courage House. We are finally making that dream a reality!

The café serves multiple purposes:

- **Courage Café** - As part of our vocational training program, we welcome Moshi residents and tourists alike to enjoy delicious food, coffee and the beautiful view of Mt. Kilimanjaro!
- **Funding diversification** - All profits from Courage Café directly support Courage House.
- **Community education** - It is our mission to educate the community on trafficking and exploitation, its nature and how we can work together to support victims and end this crime against the most vulnerable.

If you want to learn more about our work, visit our website at [courageworldwide.org](http://courageworldwide.org).

## **Karibuni sana!**

@courageworld + @couragecafetz  
+255 757 758 018 for Take Away Orders



## Drinks

AMERICANO	3,000	4,000
CAPPUCCINO	4,000	5,000
LATTE		5,000
MOCHA		6,000
HOT CHOCOLATE		3,000
FRENCH PRESS	3,000	5,000 7,000
CHAI MASALA		3,000
SODA		1,500
BOTTLED WATER	1,500	3,000
SMOOTHIE	2,000	5,000
A tropical blend of mango, pineapple, avocado and passionfruit.		
JUICE OF THE DAY		3,000

## Bites

3 SAMOSAS	5,000
3 Vegetable or Meat Samosas	
CHIPS	3,000

## Desserts

*Rotated on a daily basis*

CINNAMON ROLL	5,000
Goey cinnamon roll with icing	
COCONUT CHOCOLATE CAKE <sup>v</sup>	5,000
Moist chocolate cake with powdered sugar and chocolate drizzle	
CARROT CAKE	5,000
A classic dessert with cream cheese frosting	




*Breakfast Served until 12pm*

## Sweet Breakfast

**FRENCH TOAST** 13,000

Cinnamon French Toast served with Crispy Bacon, Caramelized Banana, Seasonal Berries, Honey & Chocolate Drizzle


**PANCAKE STACK**  13,000

Pancakes stacked with Vanilla Ice Cream, Biscuit Crumb, Fresh Fruit & Caramel Drizzle

## Savory Breakfast


**CHICKEN BENEDICT** 20,000

Crispy Fried Chicken loaded on top of 2 Hash Browns with 2 Poached Eggs and Hollandaise Sauce

**AVOCADO ON TOAST**  10,000


Avocado on Toast with Beetroot Hummus, 1 Poached Egg & Feta


## Simple

**TOAST & JAM**  5,000

Butter and Jam on Homemade Bread

**GRANOLA, YOGURT, AND FRESH FRUIT**  5,000

**FRUIT PLATTER**  5,000

**2 EGGS & TOAST**  8,000

Eggs to your liking on Homemade Bread

**BANANA BREAD** 2,500

A slice of homemade banana bread with chocolate chips



# Lunch Menu

## Salads

*Served with Bread*

### GRILLED CHICKEN AND HALLOUMI

15,000

Grilled Chicken, Halloumi, House Dressing & Garden Greens

*\* Feta Cheese will substitute if there is no Halloumi \**

### BEETROOT CARPACCIO 🌿

12,000

Thinly Sliced Beetroot served with Sun-Dried Tomatoes, Parmesan & Almond Flakes

### AVOCADO AND RED PEPPER 🌿

12,000

Avocado, Grilled Red Pepper, Fresh Basil, Feta & Salad Greens

## Sandwiches

### TOASTED BACON, CHEESE AND TOMATO

14,000

Melted Cheese with Crispy Bacon & Tomato

### BASIL PESTO CHICKEN

15,000

Chicken, Pesto, Grilled Red Peppers, Rocket & Feta

### MARINATED VEGGIE, CHEESE, SUN-DRIED TOMATO AND PESTO 🌿

12,000

Marinated Veggies with Sun-Dried Tomatoes & Pesto

### BEEF OR VEGETARIAN BURGER WITH FRENCH FRIES 🌿

15,000

Beef/Veggie Burger Patty Served with Caramelized Onion, Tomato Jam and Melted Cheddar



# Wood-Fired Pizzas

<b>THE ORANGE MKUBWA</b> 🌿	<b>15,000</b>
Roasted Butternut, Avocado, Red Onion & Feta	
<b>BUFFALO CHICKEN</b>	<b>18,000</b>
Buffalo Chicken with Red Peppers, Ranch, Cheese & Caramelized Onion	
<b>BACON &amp; CAMELIZED ONION</b>	<b>18,000</b>
Bacon, Caramelized Onion, Spinach & Mozzarella	
<b>MARGHERITA</b> 🌿	<b>12,000</b>
Tomato, Basil & Mozzarella	
<b>CHEESE PIZZA</b> 🌿	<b>12,000</b>
A classic cheese pizza, perfect for kids too.	



# Swahili Food



<b>MEAT SWAHILI PLATTER</b>	<b>18,000</b>
A 5-item platter with stir-fried beef, coconut rice, season vegetables, cabbage and seasonal fruit served in coconut bowls	
*Extra serving of rice (1,000)	
<b>VEGETARIAN SWAHILI PLATTER</b> 🌿	<b>14,000</b>
A 5-item platter with njegere (pea curry), coconut rice, season vegetables, cabbage and seasonal fruit served in coconut bowls	
*Extra serving of rice (1,000)	
<b>CHIPS KUKU</b>	<b>10,000</b>
Chicken and French Fries	
<b>NJEGERE AND COCONUT RICE</b> 🌿	<b>7,000</b>
Pea curry served with coconut rice	
<b>CHIPS MAYAI</b> 🌿	<b>5,000</b>
A traditional Tanzanian favorite made of eggs and French fries	

# From the bakery...

## **COURAGE COFFEE**

Delicious whole bean medium roast coffee for you to enjoy at home!

**10,000 (1/4kg) 18,000 (1/2kg) 30,000 (1kg)**

Peaberry or AA; Ground coffee available upon request

## **CINNAMON ROLLS (6)**

Take half a dozen gooey cinnamon rolls home with you!

**25,000**

## **CHOCOLATE CAKE** v

Moist chocolate cake with powdered sugar and chocolate drizzle

**25,000**

## **CARROT CAKE**

A classic dessert with cream cheese frosting

**25,000**

## **BANANA BREAD**

A loaf of homemade banana bread

**20,000**

## **HOMEMADE VANILLA HONEY GREEK YOGURT**

2 cups of our homemade yogurt

**8,000**



**Looking for an event space? Karibu Courage Event Center!**

Rent the entire beautiful garden for a wedding, send off or special event! Our outdoor kitchen and bathrooms are perfect for large events. Catering services are available.

**Contact [couragecafe@courageworldwide.org](mailto:couragecafe@courageworldwide.org) or call +255 757 758 018 for booking or further questions.**