

A BENEFIT FOR COURAGE HOUSE HOMES FOR GIRLS RESCUED OUT OF SEX TRAFFICKING



# COURAGE TRIATHLON

THIS EVENT IS OPEN TO THE PUBLIC

## LAKE ALMANOR COUNTRY CLUB



*SATURDAY* **SEPTEMBER 17<sup>TH</sup>**

**8<sup>TH</sup> ANNUAL** **10:00<sup>AM</sup>** | **2022**

# SOLO OR TEAM CHALLENGE

 COURAGEWORLDWIDE

 COURAGE TRIATHLON, LAKE ALMANOR CA

 COURAGEWORLD

 COURAGEWORLD



**2.8** MILE RUN



**6.4** MILE BIKE



**3.1** MILE KAYAK

**REGISTER AT** [COURAGEWORLDWIDE.ORG/EVENTS](https://COURAGEWORLDWIDE.ORG/EVENTS)



CONTACT INFORMATION | [TRIATHLON@COURAGEWORLDWIDE.ORG](mailto:TRIATHLON@COURAGEWORLDWIDE.ORG)